

School Wellness Policy Annual Report

District/School Name: Riverview Charter School

School Year: 2024–2025

Report Date: June 2025

Wellness Policy Coordinator: Lisa Melton

1. Purpose of the Report

This report provides an update on the implementation of the Local School Wellness Policy for the 2024–2025 school year. The district is committed to promoting student health, preventing childhood obesity, and supporting lifelong healthy habits through nutrition education, physical activity, and wellness initiatives.

This report meets the annual reporting requirements established by the South Carolina Department of Education and the United States Department of Agriculture.

2. Wellness Committee

The district maintains a **School Wellness Committee** responsible for monitoring policy implementation and recommending improvements.

Committee Members

- District administrators - Davontae Singleton
- School food service director - Lisa Melton
- School nurses - Bethany Byrne
- Physical education teachers - Jon Strebe, Christy Steen, Vicki Wilhelm
- Classroom teachers - Leanne Jones
- Parents/guardians - Christy Steen, Leanne Jones
- Students
- Community health partners

Meetings

The committee met **four times during the 2024–2025 school year** to review progress and discuss wellness initiatives.

3. School Meal Program and Nutrition Standards

The district participates in federally supported child nutrition programs including:

- National School Lunch Program
- School Breakfast Program

Compliance with Nutrition Standards

All meals served met the nutrition standards established by the United States Department of Agriculture.

Key practices include:

- Daily offerings of fruits and vegetables
- Whole grain–rich food options
- Low-fat or fat-free milk options
- Age-appropriate portion sizes

4. Competitive Foods and Smart Snacks

All foods and beverages sold outside the reimbursable meal program during the school day complied with the federal **Smart Snacks in School Standards**.

Examples of compliance efforts:

- Annual review of vending machines
- Monitoring school stores and fundraisers
- Training staff on Smart Snack requirements

5. Nutrition Education and Promotion

Schools incorporated nutrition education into classroom instruction and wellness programming.

Examples of activities:

- Health and nutrition lessons integrated into curriculum
- School garden programs
- Taste-testing events for new menu items
- Nutrition promotion signage in cafeterias

6. Physical Education and Physical Activity

The district supports student physical activity through:

Physical Education

- Standards-based physical education instruction provided at all grade levels
- Curriculum aligned with South Carolina PE standards

Physical Activity Opportunities

- Daily recess for elementary students
- Classroom movement breaks
- Intramural and interscholastic athletics
- Walk-to-School and wellness events

7. School-Based Wellness Activities

Schools implemented initiatives designed to promote healthy lifestyles, including:

- Staff wellness programs
- Health fairs and wellness weeks
- Student fitness challenges
- Mental health awareness activities

8. Progress Toward Wellness Goals

Achievements

- Increased participation in school breakfast program with Hot Sandwiches
- Increased Wellness Education during Wellness Week
- Expanded physical activity opportunities during the school day

Areas for Improvement

- Increase student involvement in wellness committee
- Expand nutrition education programming
- Increase Community Involvement in Wellness

9. Public Involvement and Transparency

The district encourages stakeholders to participate in the development and review of the Local School Wellness Policy.

The annual report and wellness policy are made available through:

- District website
- School board reports
- School newsletters

Community members are invited to participate in future Wellness Committee meetings.

10. Goals for 2025–2026

For the upcoming school year, the district plans to:

- Expand nutrition education in elementary grades
- Provide additional professional development for staff on wellness practices
- Increase family engagement in school wellness initiatives

✓ Report Prepared By:

Lisa Melton
Wellness Policy Coordinator