## Wellness Policy Annual Report for School Year 2020-2021

The full Wellness Policy Progress Report for 20-21, and the Wellness Policy can be found on our website at: <u>riverviewcharterschool.org</u>

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## Progress Description:

This was not a typical school year due to the COVID19 pandemic. We were not able to attend school in person for several weeks during the year. The full Progress Report (referenced above) details that the goals that are met and fully in place. Listed below are the goals established for school year 21-22:

GOAL: Reinstate lunch time nutrition education and promotion with daily Fun Food Facts.

GOAL: Consider new ways to promote before school physical activity. GOAL: Implement new ways to promote staff physical activity and heath.

GOAL: Use Beaufort Twilight Run for greater promotion of family and community physical activity and health.

GOAL: Remind teachers during PD in August to not withhold any physical activity including recess, PE and physical activity breaks.

GOAL: Consider additional ways to offer staff wellness programs (in addition to annual health assessment).

GOAL: Better "update/inform the Public" on Wellness Policy.

## Summary of Activities and Events:

Due to COVID19 the Events and Activities which were cancelled included: the Beaufort Twilight Run, extracurricular sports and both before and afterschool enrichment program Tidewatch. All activities and events are expected and planning to be reinstated for SY 21-22.

If you would like to become an involved member of the Wellness Committee please contact Robert Bechtold, Interim Director at Riverview Charter School 81 Savannah Hwy Beaufort SC 29906 Phone (843) 379-0123 email: <a href="mailto:robert.bechtold@riverviewcharterschool.org">robert.bechtold@riverviewcharterschool.org</a>